

WATCHUNG HILLS REGIONAL HIGH SCHOOL – APRIL 2026



AVAILABLE DAILY

<p>Monday 6</p>	<p style="text-align: center; color: green; font-size: 2em; font-weight: bold;">NO LUNCH SERVICE SCHOOL CLOSED FOR SPRING BREAK</p>		<p>Boar's Head Made-to-Order Deli Bar</p>
<p>Tuesday 7</p>			<p>Ciro's Cheese Pizza</p>
<p>Wednesday 8</p>			<p>Chicken Nuggets Quarter Pounder Burgers Spicy/Plain Chicken Patty Mozzarella Sticks</p>
<p>Thursday 9</p>			<p>Salad Bar by the Ounce</p>
<p>Friday 10</p>			

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FOOD ALLERGIES

Allergy Aware menus are available for students w/ food allergies. For more information contact your Food Service Director or see our Food Allergy Best Practices at www.pomptonian.com.

Fruits & vegetables from The Farm Stand are included w/ lunch. **A complete meal includes:** Entrée w/ Protein/Grain, a Trip to The Farm Stand (students must select at least a serving of fruit or vegetable) & a Choice of Milk. Also available daily: Assorted cold beverages & snacks. All snacks are in compliance w/ the State's Guidelines. Your comments are important to us. Please e-mail us at comments@pomptonian.com. Menu Subject to Change



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Monday 13	Chicken Biryani over Rice w/ Naan Bread	Meatball Parmesan Sub served w/ Fries	Buffalo Chicken Wrap w/ Crispy Chicken & Blue Cheese Dressing	Bruschetta Salad - Fresh Homemade Bruschetta over Romaine Lettuce served w/ Mozzarella Cheese & Garlic Toast Points	 Boar's Head Made-to-Order Deli Bar   Ciro's Cheese Pizza  Chicken Nuggets Quarter Pounder Burgers Spicy/Plain Chicken Patty Mozzarella Sticks  Salad Bar by the Ounce Banana Split Yogurt Parfait
Tuesday 14	Pasta Bar – Pasta w/ Assorted Sauces & Toppings	Buffalo Chicken Sandwich w/ Pepper Jack Cheese served w/ French Fries	Boars Head Somked Turkey Turkey on Ciabatta w/ Provolone Cheese, Lettuce, Tomato & Onion	Classic Caesar Salad or Chicken Caesar Salad	
Wednesday 15	Pasta Pomodoro served with a Side Salad	Fried Chicken w/ Mashed Potatoes, Corn & Gravy	California Chicken Club w/ American Cheese, Avocado, Bacon, Lettuce & Tomato	Spinach Salad topped w/ Fresh Sliced Mushrooms, Onion, Bacon & Cheese served w/ Baked Pita Chips	
Thursday 16	Grilled Cheeseburger Deluxe served w/ TaterTots	Macaroni & Cheese	Boars Head Turkey Club on Sourdough Bread	Asian Crispy Chicken Salad w/ Crispy Chili Chicken, Oranges, Cucumber, Carrots & Chow Mein Noodles	
Friday 17	Creamy Cajun Chicken Pasta served w/ Garlic Bread	Personal Pan Pizza served w/ a Side Salad	Chicken Cordon Blue Wrap w/ Ham, Swiss Cheese, Lettuce, Tomato & Honey Mustard	Antipasto Salad - Ham, Salami & Provolone Cheese over Romaine Lettuce served w/ Artichokes, Red Onions, Roasted Red Peppers, Olives & Tomato	

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Daily Dish

AMERICAN GRILLE

Deli Central

FRESH FARMISTAND

AVAILABLE DAILY

Monday 20	Penne Pasta Ratatouille served w/ Garlic Bread	Chicken & Cheese Quesadilla served w/ Guacamole, Sour Cream & Salsa	Cool Ranch Chicken Twister - Chicken w/ Jack Cheese, Lettuce & Ranch Dressing in a Wrap	Chef's Salad - Deli Meats & Cheese over a bed of Lettuce w/ Assorted Vegetables	 Boar's Head Made-to-Order Deli Bar   Ciro's Cheese Pizza  Chicken Nuggets Quarter Pounder Burgers Spicy/Plain Chicken Patty Mozzarella Sticks  Salad Bar by the Ounce Local Blueberry Muffin
Tuesday 21	Herb-Roasted Chicken w/ Roasted Potatoes & Corn	Tortellini w/ Pomodoro Sauce served w/ a Caesar Side Salad	Mediterranean Wrap - Turkey w/ Fresh Spinach, Tomatoes & Feta Cheese w/ Balsamic Viniagrette	Fruit & Cheese Salad served with Pita Chips	
Wednesday 22	Grilled Cheese Sandwich served w/ Caesar Salad w/ Local Kale & Romaine Blend	Spanish Pork served w/ Yellow Rice & Plantains	Grilled Vegetable Sandwich w/ Provolone Cheese & Balsamic Glaze	Southwest Chopped Chicken Salad w/ Cheddar Cheese, Corn, Black Beans, Tomatoes & Onions tossed w/ Cilantro Salad Blend & Ranch Dressing, served w/ Corn Chips	
Thursday 23	Pepperoni Roll w/ Marinara Sauce	Honey Harissa Chicken Grain Bowl	Boar's Head Chipotle Chicken & Cheddar Cheese on 7-Grain Bread	Buffalo Chicken Salad Spicy Chicken Salad w/ Celery Sticks & Toast Points over Mixed Greens	
Friday 24	Buffalo Chicken Macaroni & Cheese	Beef Gyro Served with Sweet Potato	Boar's Head Italian Wrap w/ Ham, Salami & Provolone Cheese	Broccoli Salad w/ Cranberry	

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FRESH FARMISTAND

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Monday 27	Pesto Mozzarella Grilled Cheese Sandwich served w/ French Fries	General Tso's Chicken w/ Broccoli & Rice	The Caesar Pleaser - Crispy Chicken & Provolone Cheese on a Cibatta Roll w/ Romaine Lettuce & Caesar Dressing	BBQ Crispy Chicken Salad w/ Tomato, Corn, Cheddar Cheese & Crispy Onions	 Boar's Head Made-to-Order Deli Bar   Ciro's Cheese Pizza  Chicken Nuggets Quarter Pounder Burgers Spicy/Plain Chicken Patty Mozzarella Sticks  FRESH FARMISTAND Salad Bar by the Ounce
Tuesday 28	Choripan - Grilled Chorizo w/ Chimichurri served w/ French Fries	Frito Pie	Boars Head Buffalo Chicken Breast on Brioche Roll w/ Lettuce, Tomato & Spicy Mayo	Chiptole Ranch Chicken Salad w/ Avocado, Corn, Tomato, Pepper Jack Cheese & Tortilla Chips	
Wednesday 29	Hot Honey Beef Sandwich served w/ Cajun Fries	Penne Pomodoro served w/ a Side Salad	Boars Head Salsalito Turkey w/ Sharp Cheddar Cheese & Romaine Lettuce on 7-Grain Bread	BLT Salad - Crispy Bacon, Tomato, Red Onion & Shredded Mozzarella Cheese served over a bed of Lettuce w/ Croutons	
Thursday 30	Warrior Chicken Bowl - Mashed Potatoes topped w/ Sweet Corn, Crispy Chicken, Gravy & Cheese	Cavatappi & Meat Sauce or Marinara Sauce served w/ a Side Salad	Boars Head Roast Beef & Cheddar Cheese on an Onion Roll w/ Chipotle Mayonnaise & Crispy Onion Rings	Chicken Cobb Salad - Sliced Grilled Chicken over a bed of Lettuce topped w/ Bacon, Tomato, Egg, Avocado & Crumbled Blue Cheese	
Friday 1	Roasted Tomato, Chicken & Onions over Pasta served w/ a Side Salad	Hot Sloppy Joe Sandwich served w/ Chips	Boars Head Turkey Gyro - Turkey Breast in a Wrap topped w/ Onion, Cucumbers & Diced Tomato dressed w/ Tzatziki Sauce	Greek Salad - Olives, Tomatoes, Red Onion & Cucumbers over a bed of Romaine Lettuce topped w/ Crumbled Feta Cheese	

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